

October 22, 2018

Dear CHCS Families,

We will be celebrating National Mix-It-Up Day again this year as part of our PeaceBuilders Program on Wednesday, October 24<sup>th</sup> by "mixing it up" at lunch:

Students will eat lunch at their regularly scheduled times with their grade level. Tables will be assigned via randomly distributed colored wrist bands. The goal of mixing up the usual seating is to encourage students to get to know peers they wouldn't normally get a chance to interact with. The hallways throughout the building (and soon the cafeteria) will be decorated in this year's theme: Superheroes! During lunches we will play music and there will be staff and parent volunteers present to help encourage and facilitate conversations between students.

Prior to our Mix-It-Up Day each homeroom has been creating a Mix-It-Up Banner for our 2<sup>nd</sup> annual Banner Contest! There have been classroom discussions about the importance of talking to people we might not normally talk to and how you don't have to wear a cape to be someone's hero. -We support students taking a risk to cross social boundaries and connect with peers in an effort to prevent bullying and promote peace.

If you would like to learn more about this nationally recognized event check out our School Counselors webpage at <http://chcsguidance.weebly.com/mix-it-up-lunch-2018.html> OR go to the teaching tolerance website at [www.tolerance.org/mix-it-up/what-is-mix](http://www.tolerance.org/mix-it-up/what-is-mix).

If you have any questions or concerns regarding this event, please contact the Counseling Department at 413-323-0437 ext 507 or 508.

Sincerely,

Pamela McConnell & Kevin J. Moyer-Wilkes  
Chestnut Hill Community School Counselors